Beauty Centre

The centre offers an array of massage and cosmetic treatments that take their inspiration from the Alpine environment, starting from the ambience and selection of cosmetic products.

ŠPIK PACKAGES

The Špik caress	€ 90
-----------------	------

- massage with warm pockets of Martuliek herbs (60 min)
- admission to the swimming pool and saunas

Alpine peace

- body scrub with Alpine herbs (25 min)
- anti-stress massage (50 min)
- admission to the saunas

Mountain throb

- massage for recreational athletes
- pain-relief wrap with green clay (30 min)
- admission to the saunas (3 hrs)

The Spik embrace for two persons

€ 132

- massage with warm Alpine flower oil (50 min)
- admission to the saunas

Opening hours: **9.00 – 21.00**

t +386 4 587 75 80 wellness.spik@hit.si

ŠPIK RITUALS

Relaxation ritual

- scrub and body wrap (60 min)
- massage and facial mask (30 min)
- massage with warm Alpine flower oil (50 min)

CLASSIC AND THERAPEUTIC MASSAGE

Massage for recreational athletes with essential oils

40 min	€
40 111111	τ.

massage of the muscle groups and ligaments, involved in a particular activity, with the aim of stimulating the elimination of waste products, softening muscle rigidity, and pain relief

Lymph drainage

20 min	€ 32
50 min	€ 55

manual technique for stimulating the lymphovascular system, recommended especially for swollen hands and legs, detox, strengthening of the immune system and improved skin appearance

Classical Swedish massage

15 min

€ 126

30 min	€ 3
45 min	€ 53
60 min	€ 63

Head, neck and shoulder massage

Back massage - therapeutic	
30 min	€ 4

Relaxing foot massage

application of essential oils

40 min	€	47

Aromatherapy for the body

80 min				€79
relaxation,	detox,	and	stimulation	with

Deep relaxation massage

0 min	€ 62	6

massage with knuckles and aromatherapy oil made from Alpine herbs

Hot stone massage

60 min €	70
----------	----

the energy from volcanic stones to ease tension, eliminate fatigue, as well as muscle and joint pain

Kneipp massage

30 min	€ 42
50 min	€ 64

massage with cold autochthonous rocks from the immediate surrounding of the lakes in combination with warm volcanic stones to improve the functioning of the entire body, as well as circulation, and getting rid of tension

RELAXATION MASSAGES

Anti-stress massage with essential oils for relaxation

50 min	€ 60
65 min	€ 67

massage with select essential oil and butter

Massage with warm Alpine flower oil

_	
50 min	€ 58

Massage with Martuljek herbs

40 min	€ 50
60 min	€ 70

the effect of herbs and warm oil on relaxing contracted muscles



BEAUTY TREATMENTS FOR THE WHOLE

The treatments include body scrub and body wrap, as well as a relaxing body and face massage.

Treatment with Spik herbs

100 min	€ 92	
salt scrub with herbs, green clay wrap.	body	

massage with warm pockets of Martuljek

Honey dreams

80 min	€ 75
nourishing, regenerative boo	dy treatment

Wine potion

80 min	€ 75
inti-age body treatment	

Green tea body treatment

80 min	€ 75
relaxing body treatment	

Body scrub

25 min			€ 28
herbal,	coconut	or	coffee-based,
Maditar	rangan ci	- , ,] _	racabarryar

Mediterranean-style, raspberry or marmalade-based

Body wrap

35 min			€ 38
anti-age,	chocolate,	anti-cellulite,	green
algae, hon	iey		

Body scrub + wrap 60 min €60

GIFT VOUCHERS

vouchers.

Give well-being as a gift.

All the treatments from our

list can be purchased as gift

THERAPEUTIC WRAP AND PEVONIA **TREATMENTS**

The most powerful skin care ingredients come from the safest source - nature. For more than three decades, Pevonia has been the first choice of the most prestigious wellness centers around the world and one of the most respected lines of skin care cosmetics.

Wrap against back pain

40 min € 43

Wrap against back and legs pain

50 min	€ 50

Dry brushing - antiage treatment

80 min		€ 85
	1.1	

improves blood circulation, stimulates lymph, improves skin tone, removes dead skin, also works against cellulite

Anti-cellulite coffee treatment

120) min		€ 95

detoxing, improves skin tone and visibly reduces the appearance of cellulite

PACKAGES AGAINST PAIN

All wraps help with muscle tension, pain and muscle cramps.

Wrap against back pain with therapeutic massage

80 min € 70

Wrap against back and legs pain with massage

90 min	€ 80

Additional offer recreation

Gym

1 admission	€ 12
1-month	€ 50
Half-year	€ 250
1-year	€ 450

Gym + swim PACKAGE

i aumission	€ 24
1-month	€ 170
Half-year	€ 410
1-year	€ 720

Gym + swim + sauna PACKAGE

I dumission	€ 3
1-month	€ 25
Half-year	€ 66
1-year	€ 90
Corporate annual pass	€ 130

Hotel guests: FREE

Sauash

There is a squash court available.

court rental 60 min	€1
acket rental	€
oall rental	€ 0,5

Rental of a room

for training, small seminars, team building

60 min € 60



On Saturdays the saunas and swimming pools are open until 11pm. Admission until 10pm.

t +386 4 587 75 80



The World of Water and The World of Saunas

The World of Water covers an area of 250 m2 and encompasses a relaxation pool, a massage cascade, massage hydro benches, a swimming pool with counter-stream, and a children's pool with water playground equipment. Its open terrace is the perfect spot to rest, relax and simply enjoy life.

The World of Saunas offers a Finnish, herbal, and Turkish sauna daily featuring various programmes. You can cool down in the ice house or the cooling pool, treat yourself to a massage in the massage pool, or simply relax on the comfortable loungers.

PRICE LIST swimming pools

Mondays to Fridays

3-hour admission ticket

€ 15
€ 12
€ 18
€ 15

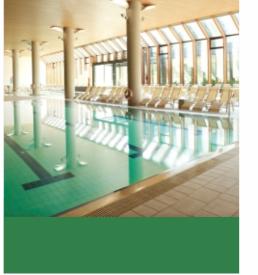
Saturdays, Sundays, holidays

3-hour admission ticket	
adults	€ 18
children	€ 15
All-day admission ticket	
adults	€ 21

€ 18

Surcharge: extra hour in the pool € 3 Category children: 4. – 14. years of age

children



Swim for your health

1-month admission ticket

1.5 hours daily	€ 90
adults	€ 160
children	€ 100

Half-year admission ticket

adults	€ 330
children	€ 220
1-year admission ticket	
adults	€ 450
children	€ 350
transferable	€ 600

10 admission tickets

bathrobe rental

5 hours daily	€ 110
th 3-month validity	
dditional offer	

Additional offer €2 towel rental bathrobe rental | hotel quest €7

€ 10

PRICE LIST saunas

Mondays to Fridays

Jp to 3 hours	€ 24
Over 3 hours	€ 28
aturdays, Sundays, holidays	
Jp to 3 hours	€ 27
Over 3 hours	€ 31

Extra hour in the sauna: € 4

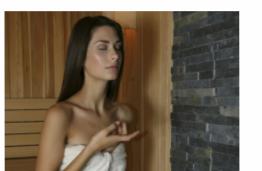
1-month	€ 200
Half-year	€ 500
Half-year transferable	€ 670
1-year	€820
1-year transferable	€ 900
10 admission tickets	€ 200
with 3-month validity	

the admission applies to up to 3 hours on any day of the week

PRICE LIST sauna and swimming pool

All-day admission ticket

Mondays to Fridays	€ 30
Saturdays, Sundays, holidays	€ 33
I-month	€ 250
Half-year	€ 630
Half-year transferable	€ 800
I-year	€ 950
I-year transferable	€ 1250



Privileges

Group discount

Groups of CHILDREN (at least 10) aged 4 to 14 have a 20 % discount, whereas their adult supervisers have free admission. 20 % discount on groups of (at least 15) ADULTS.

If you buy at least 4 admission tickets for the swimming pool (familiy: 2 adults and 2 or more children), you have a 20% discount.

Prior notice is mandatory for groups. t 04 587 75 80.

Students, pensioners and persons with disabilities

have a 10 % discount on admission tickets (not valid for one-month, half-year and one-year duration tickets), provided that they show an appropriate form of identification. Every Tuesday senior citizens above the age of 60 receive 30% senior discount on tickets for the indoor pool.

Lost bracelet

All prices include VAT. The price list is valid from 1 December 2025. We reserve the right to change the prices.



Špik WellnessFeel the Alpine force of nature



Alpine Resort 4282 Gozd Martuljek, Hotel***/****

25€

www.hit.si | f

